

Employee Leave Checklist Maternity Leave

Employee's Own Serious Health Condition (pregnancy) and Parental Leave

Maternity Leave is a combination of leave for an Employee's Own Serious Health Condition and Parental Leave to bond with a newborn. You may be eligible for leave under the Family Medical Leave Act (FMLA) and the Oregon Family Leave Act (OFLA). These leaves entitle eligible employees up to 24 weeks of FMLA/OFLA leave. This includes up to 12 weeks of leave in a 12-month period for your own Serious Health Condition (pregnancy and recovery), in addition you may take up to 12 weeks under OFLA for parental leave. FMLA/OFLA protect your job and benefits. This leave is not a paid leave unless you have sick and/or vacation time to use. If you have Short Term Disability Insurance you may be eligible to use the wage replacement benefits it provides during the period of your own Serious Health Condition.

STEP 1: INFORMATION TO READ AND REVIEW

- □ FMLA Employee Rights Notice
- □ OFLA Employee Rights Notice
- □ OIT Notice of Employee Rights

STEP 2: COMPLETE LEAVE REQUEST FORM

FMLA/OFLA Leave Request Form – complete and return to HR

STEP 3: MEDICAL CERTIFICATION

☐ Medical Certification – give to Medical provider and have them return to HR

STEP 4: LEAVE AND LEAVE BENEFITS

- If you have Short Term Disability Insurance
 - Contact The Standard at 1-800-842-1707
- Complete your FMLA/OFLA Attendance Record/Leave Tracking Form and your Employee Leave slip every month

STEP 5: BENEFITS CHANGES (if you want to add new child to your benefits)

- Mid-Year Change Form submit to HR within 30 days. Attach a copy of the birth record.
- Open Enrollment Correction Form For babies born after Open Enrollment ONLY

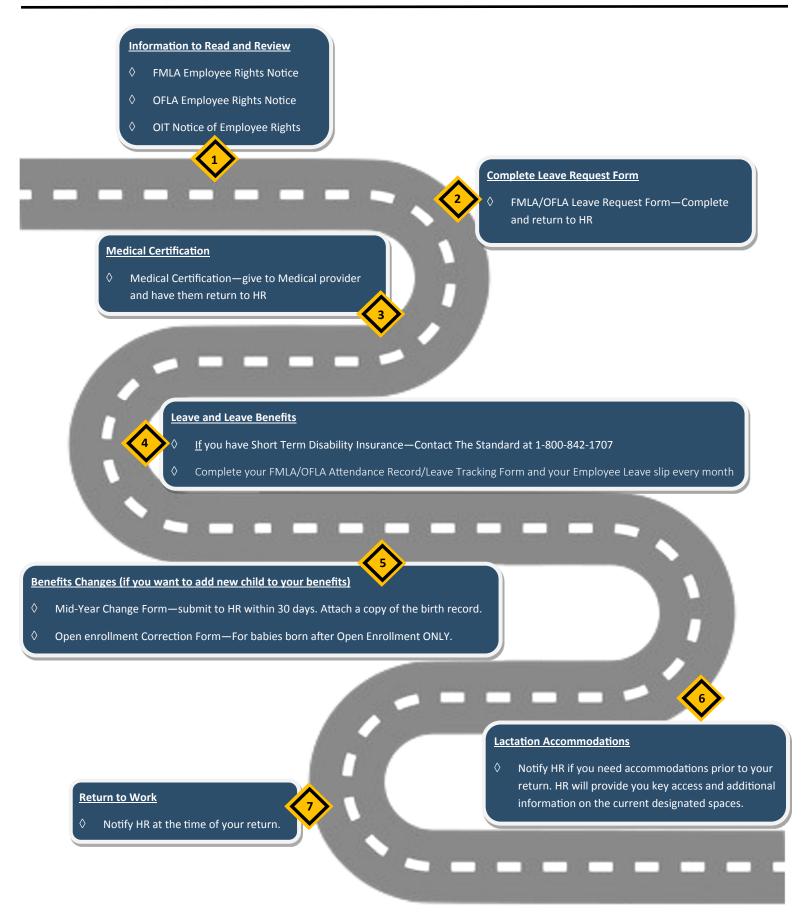
STEP 6: LACTATION ACCOMMODATIONS

 Notify HR if you need accommodations prior to your return. HR will provide you key access and additional information on the current designated spaces.

STEP 7: RETURN TO WORK

Notify HR at the time of your return





EMPLOYEE RIGHTS UNDER THE FAMILY AND MEDICAL LEAVE ACT

THE UNITED STATES DEPARTMENT OF LABOR WAGE AND HOUR DIVISION

LEAVE ENTITLEMENTS

Eligible employees who work for a covered employer can take up to 12 weeks of unpaid, job-protected leave in a 12-month period for the following reasons:

- The birth of a child or placement of a child for adoption or foster care;
- To bond with a child (leave must be taken within 1 year of the child's birth or placement);
- To care for the employee's spouse, child, or parent who has a qualifying serious health condition;
- For the employee's own qualifying serious health condition that makes the employee unable to perform the employee's job;
- For qualifying exigencies related to the foreign deployment of a military member who is the employee's spouse, child, or parent.

An eligible employee who is a covered servicemember's spouse, child, parent, or next of kin may also take up to 26 weeks of FMLA leave in a single 12-month period to care for the servicemember with a serious injury or illness.

An employee does not need to use leave in one block. When it is medically necessary or otherwise permitted, employees may take leave intermittently or on a reduced schedule.

Employees may choose, or an employer may require, use of accrued paid leave while taking FMLA leave. If an employee substitutes accrued paid leave for FMLA leave, the employee must comply with the employer's normal paid leave policies.

While employees are on FMLA leave, employers must continue health insurance coverage as if the employees were not on leave.

Upon return from FMLA leave, most employees must be restored to the same job or one nearly identical to it with equivalent pay, benefits, and other employment terms and conditions.

An employer may not interfere with an individual's FMLA rights or retaliate against someone for using or trying to use FMLA leave, opposing any practice made unlawful by the FMLA, or being involved in any proceeding under or related to the FMLA.

ELIGIBILITY REQUIREMENTS

BENEFITS & PROTECTIONS

An employee who works for a covered employer must meet three criteria in order to be eligible for FMLA leave. The employee must:

- Have worked for the employer for at least 12 months;
- Have at least 1,250 hours of service in the 12 months before taking leave;* and
- Work at a location where the employer has at least 50 employees within 75 miles of the employee's worksite.

*Special "hours of service" requirements apply to airline flight crew employees.

REQUESTING LEAVE

Generally, employees must give 30-days' advance notice of the need for FMLA leave. If it is not possible to give 30-days' notice, an employee must notify the employer as soon as possible and, generally, follow the employer's usual procedures.

Employees do not have to share a medical diagnosis, but must provide enough information to the employer so it can determine if the leave qualifies for FMLA protection. Sufficient information could include informing an employer that the employee is or will be unable to perform his or her job functions, that a family member cannot perform daily activities, or that hospitalization or continuing medical treatment is necessary. Employees must inform the employer if the need for leave is for a reason for which FMLA leave was previously taken or certified.

Employers can require a certification or periodic recertification supporting the need for leave. If the employer determines that the certification is incomplete, it must provide a written notice indicating what additional information is required.

EMPLOYER RESPONSIBILITIES

Once an employer becomes aware that an employee's need for leave is for a reason that may qualify under the FMLA, the employer must notify the employee if he or she is eligible for FMLA leave and, if eligible, must also provide a notice of rights and responsibilities under the FMLA. If the employee is not eligible, the employer must provide a reason for ineligibility.

Employers must notify its employees if leave will be designated as FMLA leave, and if so, how much leave will be designated as FMLA leave.

ENFORCEMENT

Employees may file a complaint with the U.S. Department of Labor, Wage and Hour Division, or may bring a private lawsuit against an employer.

The FMLA does not affect any federal or state law prohibiting discrimination or supersede any state or local law or collective bargaining agreement that provides greater family or medical leave rights.



For additional information or to file a complaint:

1-866-4-USWAGE

(1-866-487-9243) TTY: 1-877-889-5627

www.dol.gov/whd

U.S. Department of Labor | Wage and Hour Division



BUREAU OF LABOR AND INDUSTRIES



Oregon

Brad Avakian, Commissioner



FAMILY LEAVE ACT

NOTICE TO EMPLOYERS AND EMPLOYEES

The Oregon Family Leave Act (OFLA) requires employers of 25 or more employees to provide eligible workers with protected leave to care for themselves or family members in cases of death, illness, injury, childbirth, adoption and foster placement.

ORS 659A.150-659A.186

When can an Employee take Family Leave? **Employees can take family leave for the following reasons:**

- Parental Leave during the year following the birth of a child or adoption or foster placement of a child under 18, or a child 18 or older if incapable of self-care because of a mental or physical disability. Parental leave includes leave to effectuate the legal process required for foster placement or adoption.
- Serious health condition leave for the employee's own serious health condition, or to care for a spouse, same-gender domestic partner, custodial parent, non-custodial parent, adoptive parent, foster parent, biological parent, step parent, parent in law, parent of same-gender domestic partner, grandparent, grandchild, a person whom the employee is or was a relationship of in loco parentis, biological, adopted, foster or step child of an employee or the child of an employee's same-gender domestic partner.
- **Pregnancy disability leave** (a form of serious health condition leave) taken by a female employee for an incapacity related to pregnancy or childbirth, occurring before or after the birth of the child, or for prenatal care.
- Sick child leave taken to care for an employee's child with an illness or injury that requires home care but is not a serious health condition.
- **Bereavement leave** to deal with the death of a family member.
- Oregon Military Family Leave is taken by the spouse or same gender domestic partner of a service member who has been called to active duty or notified of an impending call to active duty or is on leave from active duty during a period of military conflict.

Who is Eligible?

To be eligible for leave, workers must be employed for the 180 day calendar period immediately preceding the leave and have worked at least an average of 25 hours per week during the 180-day period.

Exception 1: For parental leave, workers are eligible after being employed for 180 calendar days, without regard to the number of hours worked.

Exception 2: For Oregon Military Family Leave, workers are eligible if they have worked at least an average of 20 hours per week, without regard to the duration of employment.

Exception 3: For compensable Workers Compensation injuries, for certain Workers Compensation injuries involving denied and then accepted claims and for certain accepted claims involving more than one employer.

Exception 4: When an employee is caring for a family member with a serious health condition and the same family member dies, the employee need not requalify with the 25 hour per week average to be eligible for bereavement leave.

How much Leave can an Employee take?

- Employees are generally entitled to a maximum of 12 weeks of family leave within the employer's 12-month leave year.
- A woman using pregnancy disability leave is entitled to 12 additional weeks of leave in the same leave year for any qualifying OFLA purpose.
- A man or woman using a full 12 weeks of parental leave is entitled to take up to 12 additional weeks for the purpose of sick child leave.
- Employees are entitled to 2 weeks of bereavement leave to be taken within 60 days of the notice of the death of a covered family member.
- A spouse or same gender domestic partner of a service member is entitled to a total of 14 days of leave per deployment after the military spouse has been notified of an impending call or order to active duty and before deployment and when the military spouse is on leave from deployment.

What Notice is Required?

Employees may be required to give 30 days notice in advance of leave, unless the leave is taken for an emergency. Employers may require that notice is given in writing. In an emergency, employees must give verbal notice within 24 hours of starting a leave.

Is Family Leave paid or unpaid? Benefits?

- Although Family Leave is unpaid, employees are entitled to use any accrued paid vacation, sick or other paid leave.
- Employees are entitled to group health insurance benefits during family leave as if they continued working.

How is an Employee's job Protected? Employers must return employees to their former jobs or to equivalent jobs if the former position no longer exists. However, employees on OFLA leave are still subject to nondiscriminatory employment actions such as layoff or discipline that would have been taken without regard to the employee's leave.

FOR ADDITIONAL INFORMATION:

BOLI Civil Rights Division 800 NE Oregon, #1045 Portland, OR 97232

www.oregon.gov/BOLI

This is a summary of laws relating to Oregon Family Leave Act. It is not a complete text of the law.

January 2016

Employees who have been denied available leave, disciplined or retaliated against for requesting or taking leave, or have been denied reinstatement to the same or equivalent position when they returned from leave, may file a complaint with BOLI's Civil Rights Division.

THIS INFORMATION MUST BE POSTED IN A CONSPICUOUS LOCATION



Notice of Employee Rights and Responsibilities FMLA/OFLA Leave

If your leave qualifies for FMLA and/or OFLA leave, you will have the following rights and responsibilities:

Leave Entitlement: Effective the first day of your leave, time taken under the protected leave laws is counted against your leave entitlement. Generally you are entitled to 12 weeks of protected leave in a rolling 12-month period. The rolling 12-month period is measured backward from the date of any protected leave usage. Some leave types may be entitled to additional protected leave.

Paid Leave: You will be required to use your paid accruals (sick, vacation, etc.) during your FMLA/OFLA leave. This means you will use your paid leave (sick, vacation, etc.) and that such leave will also be considered protected under the FMLA/OFLA leave and counted against your protected leave entitlement.

- All Employees must use available accrued sick leave during FMLA/OFLA leave, unless the employee is on approved FMLA and is utilizing his/her short-term disability benefit.
- Classified Employees: Classified employees must use all accrued vacation leave during FMLA/OFLA leave before going in to unpaid status (leave without pay), unless the employee is on approved FMLA and is utilizing his/her short-term disability benefit. See the Oregon Public Universities/SEIU Collective Bargaining Agreement, Article 47-Vacation Leave, Section 14, regarding an employee's option to retain up to 40 hours of accrued vacation leave.
 - Upon exhausting all accrued sick leave, classified employees may use accrued compensatory time, and/or personal leave during FMLA/OFLA leave.
 - After exhausting all paid leave, classified employees may request hardship leave donations. See the Oregon Public Universities/SEIU Collective Bargaining Agreement, Article 40 Sick Leave, Section 8.
- Unclassified Employees (faculty and administrative staff): Upon exhausting all accrued sick leave, unclassified employees may use accrued vacation leave time during FMLA/OFLA leave before going in to unpaid status (leave without pay).
- Employees may not go in and out of unpaid status, unless on approved FMLA/OFLA and receiving short-term disability benefits through Standard Insurance.

Benefits: Approved FMLA and OFLA Leave: Your health insurance coverage will continue provided you continue to contribute your portion of the premiums. Premiums will be deducted through normal payroll deduction when available. An employee who is in leave without pay status during FMLA and/or OFLA leave will be responsible to self-pay their portion of health insurance premiums directly to the University. Employee paid optional benefit premiums may be also be continued when self-paid by the employee.

If you do not return to work following FMLA and/or OFLA leave you may be required to reimburse the University for the employer share of health insurance premiums paid on your behalf during your leave.

Medical Certification: In order to determine whether an employee's absence qualifies for protected leave under the FMLA and OFLA leave laws, you may be required to provide a medical certification from a qualified health care provider within 15 calendar days of the receipt of your notice for eligibility to take protected leave. It is the



Notice of Employee Rights and Responsibilities FMLA/OFLA Leave

employees' responsibility to ensure a complete and sufficient medical certification is returned to Human Resources within the designated timeframe.

While on approved FMLA or OFLA leave, you may be required to furnish additional medical certifications if requested by Human Resources. The interval between re-certifying will not be less than 30 days, unless the circumstances for your leave have changed significantly.

Failure to provide a complete and sufficient Medical Certification may result in your leave being denied. Denied FMLA and/or OFLA is not protected under the leave statutes and the University may treat the absences as unexcused.

Periodic Check In: While on leave, you are required to check in periodically with Human Resources. You should provide information on your status, any change in circumstances, and if out for a continuous block of time, your intent to return work.

Status Changes: You are required to notify Human Resources if the status of your leave requirements changes. Status changes may include, but are not limited to: a need for continuous leave while on approved intermittent leave; a need for more intermittent leave than the amount currently approved; or a need for leave beyond the current approved end date. If you are on approved leave and no longer require time off for the approved reason, please contact Human Resources to close your file.

Leave Reporting: You are required to record any FMLA/OFLA leave taken on a leave tracking form which should be provided to Human Resources monthly.

Return to Work: If the status of your situation changes and you do not anticipate returning on your scheduled return date, you are expected to notify your supervisor and the Human Resources office as soon as possible.

When you return, you must be able to carry out the essential functions of your position. If your leave was for your own Serious Health Condition, you will be required to provide either a Return to Work form or a medical certification stating you are able to return to work without restrictions.

Reinstatement Rights: Upon returning from protected leave, you have the following reinstatement rights:

- FMLA: You must be reinstated to either the same position held when leave began or to an equivalent
 position. An equivalent position is one that is virtually the same as the employee's former position in terms
 of pay, benefits, and working conditions and must involve the same or substantially similar duties and
 responsibilities.
- OFLA: You must be reinstated to the position held when the leave began.

If you remain on leave after exhausting your protected leave entitlement (FMLA and/or OFLA), you will not have the reinstatement rights outlined above.

For additional information pertaining to leave, contact the Benefits Consultant at 541-885-1028.



Leave of Absence Request Form

EMPLO	EMPLOYEE INFORMATION												
Name:				ID#:									
Departr	nent:			Job Title:									
Employ	oyee Type: Classified Faculty Unclassified Admin												
Supervi	Supervisor Name:												
Contact	Contact information while on leave												
Persona	Personal Email:												
Mailing	Address	:											
Phone:													
LEAVE I	LEAVE INFORMATION												
I am red	I am requesting a leave of absence for the following reason: ☐ My own serious health condition ☐ To care for my family member with a serious												
□ Му о	wn serio	us health	n coi	nditio	n		□ То с	are for n	ny family	member	with a so	erious	
☐ Birth	of my ch	ild, and/	or t	o care	e for the		heal	th condi	tion				
	orn child								-	igency lea			
					on/foster					leave (SN	ЛCL)		
					conditio			eavemen					
		ase spec	ify t	he pe	rson the	leave is f	or and th	ne relation	onship:				
	Name:												
Relatio													
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			of ak	senc	e with th	e follow	ing sched	dule:	1 1				
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	personal												
	e paid ho	lidays or	1:	<u> </u>									
I wish to retain hours of vacation (classified only, 40 hours maximum)													

HEALTH CARE PROVIDER CERTIFICATION FOR SERIOUS HEALTH CONDITION

This optional form is designed to help determine if an employee is eligible for leave under either or both the federal Family and Medical Leave Act (FMLA) and/or the Oregon Family Leave Act (OFLA).

▲Indicates that an affirmative answer to this question is *not required* for OFLA or concurrent OFLA & FMLA leave.

* Indicates categories that qualify as OFLA leave only.

Employers are not required to use this form in order to designate leave as OFLA or FMLA protected.

Information sought on this form relates only to the condition for which the employee is taking leave.

SECTION I: For Completion by the EMPLOYER

INSTRUCTIONS to the EMPLOYER: The Family and Medical Leave Act (FMLA) and the Oregon Family Leave Act (OFLA) provide that an employer may require an employee seeking FMLA/OFLA protections because of a need for leave to care for a covered family member with a serious health condition or because of a need for leave due to employee's own serious health condition to submit a medical certification issued by the health care provider of the covered family member or a medical certification issued by the employee's own health care provider, whichever is appropriate. Please complete Section I before giving this form to your employee. Your response is voluntary. While you are not required to use this form, you may not ask the employee to provide more information than allowed under the FMLA regulations, 29 C.F.R. §§ 825.306-825.308. Employers must generally maintain records and documents relating to medical certifications, recertifications, or medical histories of employees' family members, created for FMLA purposes as **CONFIDENTIAL** medical records in separate files/records from the usual personnel files, 29 C.F.R. § 825.500(g), and in accordance with 29 C.F.R. § 1630.14(c)(1), if the Americans with Disabilities Act applies. This also applies to OFLA. ORS 659A.186(2); ORS 659A.136.

Employer name:
Employer contact:
If this form is being completed for <u>employee's own serious health condition</u> , please also provide the following information:
Employee's job title:
Regular work schedule:
Employee's essential job functions:
Check if job description is attached:

SECTION II: For Completion by the EMPLOYEE

Employee's Name:

INSTRUCTIONS to the EMPLOYEE: Please complete Section II before giving this form to *patient's (your own or your covered family member's)* health care provider. FMLA/OFLA permits an employer to require that you submit a timely, complete, and sufficient medical certification to support a request for FMLA/OFLA leave due to your own *or your covered family member's* serious health condition. If requested by your employer, your response is required to obtain or retain the benefit of FMLA/OFLA protections. 29 U.S.C. §§ 2613, 2614(c)(3). Failure to provide a complete and sufficient medical certification may result in delay or denial of FMLA protection. 29 C.F.R. § 825.313. Your employer must give you 15 calendar days to return this form. 29 C.F.R. § 825.305(b), OAR 839-009-0260(4).

Patient's Name (if different from employee):
If patient is a child, date of birth (mm/dd/yyyy):/
Patient's Relationship to Employee (if employee is not the patient):
☐ Spouse, or ☐ (*OFLA only) Same-gender Domestic Partner
Parent, or (*OFLA only) Parent-in-law, or (*OFLA only) Parent of employee's same-gender Domestic Partner
Child, or (*OFLA only) Child of employee's same-gender Domestic Partner
Employee <u>is currently</u> <i>in loco parentis</i> (see definition below) to patient who is under age 18 or incapable of self-care due to disability. (Employee has financial or day-to-day responsibility for care of the patient – covered by OFLA and FMLA)
(*OFLA only) Employee was in loco parentis to patient. (Employee had financial or day-to-day responsibility for care of the patient when the patient was under 18 – OFLA only)
Patient was <i>in loco parentis</i> to employee (Patient had financial or day-to-day responsibility for care of the employee <i>when employee was under 18</i>)
Grandparent (*OFLA only)
Grandchild (*OFLA only) "In the control of the class of a count beginning for a located by the control of the class of the control of the class of the country beginning for a located by the country
"In loco parentis" means in the place of a parent, having financial or day-to-day responsibility for the care of a child. A legal or biological relationship is not required.
(*OFLA only) Check here if requesting "Sick Child Leave", which is available under OFLA for a child's non-serious health condition. (Completion of this form is only necessary <i>after</i> a 3 rd occurrence of using Sick Child Leave during a "leave year".)
Employee Signature:

SECTION III: For Completion by the HEALTH CARE PROVIDER

INSTRUCTIONS to the HEALTH CARE PROVIDER: Either your patient has requested leave under the FMLA/OFLA *or the employee listed above has requested leave under the FMLA/OFLA to care for your patient.* Answer, fully and completely, all applicable parts. Several questions seek a response as to the frequency or duration of a condition, treatment, etc. Your answer should be your best estimate based upon your medical knowledge, experience, and examination of the patient. Be as specific as you can; terms such as "lifetime," "unknown," or "indeterminate" may not be sufficient to determine FMLA/OFLA coverage. Limit your responses to the condition for which the employee is seeking leave.

Printed	l Name of Physician/ Practitioner	Date Signed
Signat	ure of Physician/ Practitioner	Type of Practice/ Field of Specialization
Addre	SS	Phone Number
PART	A: MEDICAL FACTS	
	If this form is being used for the purposes condition of a child, only complete # 1*.	of filing for the certification of OFLA's non-serious
1) A ₁	pproximate date condition commenced: _	
a)	Probable duration of condition:	
b)	Was the patient admitted for inpatient c facility?	are in a hospital, hospice, or residential medical care
	No-☐ Yes-☐ If "yes	", dates of admission:
c)	Date(s) you treated the patient for the co	ondition:
d)	Was medication, other than over-the-co	unter medication, prescribed? No- Yes-
e)	Will the patient need to have treatment	visits at least twice per year due to the condition?
	No- Yes-	
f)		care provider(s) for evaluation or treatment (e.g., physical s", state the nature of such treatments and expected

2)	Is t	he medical condition pregnancy? No- Yes- If "yes", expected delivery date:
3)	que des	patient is EMPLOYEE: Use the information provided by the employer in Section I to answer this estion. If the employer fails to provide a list of the employee's essential functions or a job scription, answer these questions based upon the employee's own description of his/her job actions.
	a)	Is the employee unable to perform any of his/her job functions due to the condition?
		No- Yes-
		If "yes", identify the job functions the employee is unable to perform:
4)	lear	scribe other relevant medical facts, if any, related to the condition for which the employee seeks ve (such medical facts may include symptoms, diagnosis, or any regimen of continuing treatment ch as the use of specialized equipment):
D A	рт	B: AMOUNT OF CARE NEEDED When answering these questions, keep in mind that your
pat	ient'	's need for care may include assistance with basic medical, hygienic, nutritional, safety or ortation needs, or the provision of physical or psychological care:
5)		Il the patient be incapacitated for a single continuous period of time, including any time for atment and recovery? No- Yes-
	If"	'yes", estimate the beginning and end dates for any period of incapacity:
		If this certification relates to the employee's seriously ill <u>family member(s)</u> , also complete the
		following:
		a) Does the patient require assistance for basic medical or personal needs or safety, or for transportation? No- Yes-
		a) Does the patient require assistance for basic medical or personal needs or safety, or for
		 a) Does the patient require assistance for basic medical or personal needs or safety, or for transportation? No- Yes- b) Would the employee's presence to provide psychological comfort be beneficial or assist in
		 a) Does the patient require assistance for basic medical or personal needs or safety, or for transportation? No- Yes- b) Would the employee's presence to provide psychological comfort be beneficial or assist in the patient's recovery? No- Yes- c) If the patient will need care only intermittently or on a part-time basis, please indicate the

	Affirmative answer to the following question is not required for <i>OFLA</i> or concurrent OFLA/FMLA leave.
	Is this care medically necessary? No- Yes-
6)	Will the patient require follow-up treatments, including any time for recovery? No- Yes-
	Estimate treatment schedule, if any, including the dates of any scheduled appointments and the time required for each appointment, including any recovery period:
	Affirmative answer to the following question is not required for <i>OFLA</i> or concurrent OFLA/FMLA leave.
	I s this care medically necessary? No -□ Yes -□
7)	Will it be necessary for the employee to take leave only intermittently or to work on a less than full-time schedule basis because of the condition or treatment? No- Yes-
	If "yes", expected duration:
	Frequency (Check One):
	One (1) to two (2) days per month
	Two (2) to three (3) days per month
	Three (3) to four (4) days per month
	Other - Explain:
	Please explain how employee will use leave intermittently, being as specific as possible including
	frequency and duration of absences:
8)	Will the patient require a regimen of treatment? No- Yes-
	If "yes", describe the nature of the treatments:
	Estimated number of treatments:
	Estimated interval between treatments:
	Estimated or actual dates of treatments:
	What is the duration (and any period required for recovery) for a treatment?
	Affirmative answer to the following question is not required for <i>OFLA</i> or concurrent OFLA/FMLA leave.
	Is this care medically necessary? No-

Affirmative answer to the following questions is not required for <i>OFLA</i> or concurrent OFLA/FMLA leave.	
9) Will the condition cause episodic flare-ups periodically preventing the participating in normal daily activities or performing his/her job functions? No-	patient from Yes -
▲ If "yes", is it medically necessary for employee to be absent from work during	g the flare-ups?
No- Yes- If "yes", please explain: Affirmative answer not required for OFLA or concurrent leave	
▲ Based upon the patient's medical history and your knowledge of the medical destimate the frequency of flare-ups and the duration of related incapacity that the have over the next 6 months (e.g., 1 episode every 3 months, lasting 1-2 days):	· ·
	native answers not uired for OFLA or
Duration: hours or day(s) per episode	oncurrent leave
▲ Does the patient need care during these flare-ups? No- Yes- ADDITIONAL INFORMATION: IDENTIFY QUESTION NUMBER WITH YOUR ADDITIONAL INFORMATION:	DITIONAI
ANSWER.	DITIONAL



Date:

FMLA/OFLA ATTENDANCE RECORD / LEAVE TRACKING FORM

Name Depar Emplo Instru	tment yee IC)#:	Do n	ot ind	clude	days	you v	would	ours y I not h	nave l	been (holid	lays.											
Month	Year	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Total
Jan																															_	oxdot	
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Dec																																	
Emplo Date:																					-												



Midyear Change Form

Office use only

Approved by: _____

Approved date: _____

Effective date: _____

(Qualified Status Change (QSC))

See the Summary Plan Description and the QSC Matrix at www.pebbinfo.com.

Section 1: Employee information								
PEBB benefit number (P#######), OF	R#, University ID or Lottery ID		Gender					
			\square M \square F \square	Other				
Last name	First name		M.I.					
Date of birth (mm/dd/yyyy)								
☐ Check if new address								
Address			Apar	tment or space#				
City	State	ZIP	Coun	ty				
Work phone number	Cell phone number (Optional)		Email (Optional)					
Work phone number	Cell phone number (Optional)		Linaii (Optionai)					
Are you Medicare eligible?				∐ Yes No				
Are you serving or did you ever serv	e in the military?			☐ Yes ☐ No				
If "Yes," do you authorize PEBB to se	-	_	Department of					
Veterans' Affairs (ODVA) for the purp	ose of receiving benefit inf	ormation?		☐ Yes ☐ No				
	<u></u>			_				
Ethnicity (Select one): Hispanic	☐ Non-Hispanic/No	n-Latino	Refused	Unknown				
Page (Calcat at least one If calcating a	acro than and airda and as a	cimanılı						
Race (Select at least one. If selecting n			Notice Herre	on (Othor Doolfie Jeleveder				
☐ Asian ☐ Black/African Americ☐ White ☐ Other	an ☐ American Indian/ ☐ Refused	Alaska Native	Unknown	an/Other Pacific Islander				

Section 2: What changed? See the QSC Matrix at <u>www.pebbinfo.com</u> under Resources. The event date <u>must</u> be included below. Dependent = <u>Eligible</u> Spouse, Domestic Partner or child.							
☐ Marriage	Date						
☐ Divorce or annulment	Date						
Addition of a domestic partnership (Include Domestic Partnership by Affidavit Form)	Date:						
☐ Termination of domestic partnership	Date:						
Birth	Date:						
Adoption or placement for adoption (legal documentation required)	Date:						
Addition of a Child/Grandchild by Affidavit (Include appropriate PEBB Affidavit Form)	Date:						
☐ Termination of a Child/Grandchild by Affidavit (Include appropriate PEBB Affidavit Form)	Date:						
☐ Employee gains other group coverage	Date:						
Dependent gains other medical group coverage	Date:						
☐ Dependent loses other medical group coverage	Date:						
Employment status change (describe)	Date:						
☐ Death of a dependent or spouse	Date:						
☐ National Medical Support Notice (NMSN)	Date:						
☐ Move out of current plan's services area	Date:						
Tobacco midyear change info (Self):							
☐ Quit							
☐ Never used	Date:						
Medical provider advised not to quit (medical condition)	Date.						
☐ Used tobacco in previous 12 months							
☐ Have not used tobacco products in the previous 12 months							
Tobacco midyear change info (Spouse/Domestic Partner):							
☐ Quit							
☐ Never used	Data						
Medical provider advised not to quit (medical condition)	Date:						
Used tobacco in previous 12 months							
Have not used tobacco products in the previous 12 months							

Section 3: Dependent information

- 1. List all eligible family members you want to terminate or provide coverage for. Attach additional dependent sheet if necessary.
- 2. Required Affidavits and appropriate legal documents for a Domestic Partner, Child or Grandchild by Affidavit need to be submitted along with the enrollment form no later than 5 business days from the submittal of this enrollment form. Find necessary affidavits under Forms at www.pebbinfo.com.
 - Note: Payroll offices will not process enrollment for the individual until all documentation has been submitted.
- 3. Please see Oregon Administrative Rule (101-015-0011) concerning eligible dependents by affidavit at: https://secure.sos.state.or.us/oard/displayDivisionRules.action?selectedDivision=6
- 4. If you are terminating coverage for a dependent you <u>MUST</u> provide an address below for mailing of required COBRA notices.

Dependent A	Terminate cover	age Enroll: Medical Vision Dental							
	omestic partner by Cert artner's child Gran		te Domestic partner by affidavit Child by affidavit (OAR 101-015-0011) Child by affidavit						
Gender			th <i>(mm/dd/yyyy)</i>	, ,	Medicare eligible?				
☐ M ☐ F ☐ Other					\square Y \square N				
Last name		First name		Midd	le				
Address (if different fro	m employee address)		City	State	e ZIP				
Ethnicity (Select one):	Hispanic	☐ Non-Hispanio	/Non-Latino	Refused	Unknown				
l—	<i>ne. If selecting more tha</i> r	— '	s primary): ian/Alaska Native	☐ Native Hawai	ian/Other Pacific Islander				
Dependent B	Terminate cover	age	Enroll: Me	edical 🗌 Vision 🗀	Dental				
	omestic partner by Cert artner's child Gran		☐ Domestic partno (OAR 101-015-0011		Child Fidavit (OAR 101-015-0011)				
Gender		Date of bir	th <i>(mm/dd/yyyy)</i>		Medicare eligible?				
☐ M ☐ F ☐ Other					\square Y \square N				
Last name		First name		Midd	le				
Address (if different fro	m employee address)		City	State	e ZIP				
Ethnicity (Select one):	Hispanic	☐ Non-Hispanio	/Non-Latino	Refused	Unknown				
I —	ne. If selecting more tha r	— '	s primary): ian/Alaska Native	☐ Native Hawai ☐ Unknown	ian/Other Pacific Islander				

Dependent C	☐ Terminate cover	age	Enroll:	Medical 🗌 Vision 🔲 I	Dental				
• — · — ·	stered Domestic Partr ner's child	ner D child by Affidavit (OA	omestic Partner AR 101-015-001		Child avit (OAR 101-015-0011)				
Gender		Date of birth (mm/dd/yyyy)		Medicare eligible?				
☐ M ☐ F ☐ Other					\square Y \square N				
Last name		First name		Middle					
Address (if different from	employee address)		City	State	ZIP				
Ethnicity (Select one):	Hispanic	Non-Hispanic/N	lon-Latino	Refused	Unknown				
I — · —									
Dependent D	☐ Terminate cover	age	Enroll: N	Medical ☐ Vision ☐ I	Dental				
	stered Domestic Partr ner's child	ner D child by Affidavit (OA	omestic Partner AR 101-015-001	· —	Child avit (OAR 101-015-0011)				
Gender		Date of birth	(mm/dd/yyyy)		Medicare eligible?				
☐ M ☐ F ☐ Other									
Last name		First name		Middle					
Address (if different from	employee address)		City	State	ZIP				
Ethnicity (Select one):	Hispanic	☐ Non-Hispanic/N	Non-Latino	Refused	Unknown				
Race (Select at least one Asian Black/A White Other	. <i>If selecting more tha</i> African American	_	<i>primary):</i> n/Alaska Native	e	n/Other Pacific Islander				
Dependent E	Terminate cover	age	Enroll: _\	Medical 🗌 Vision 🔲 I	Dental				
.	stered Domestic Partr ner's child	ner D child by Affidavit (OA	omestic Partner AR 101-015-001	<i>'</i> —	Child avit (OAR 101-015-0011)				
Gender		Date of birth	n <i>(mm/dd/yyyy)</i>		Medicare eligible?				
☐ M ☐ F ☐ Other					\square Y \square N				
Last name		First name		Middle					
Address (if different from	employee address)		City	State	ZIP				
Ethnicity (Select one):	Hispanic	Non-Hispanic/N	Non-Latino	Refused	Unknown				
Race (Select at least one	. <i>If selecting more tha</i> African American	n one, circle one as		Native Hawaiia	n/Other Pacific Islander				

Section 4: Healthcare plan selections A: Choosing *not to* enroll in a PEBB medical plan, select one of the following options: Opting Out of a medical enrollment is conditioned upon my understanding and attesting that the following statements I and all other individuals for whom I reasonably expect to claim a personal tax exemption deduction have, or will have, an alternative medical coverage considered to be minimum essential coverage through an employersponsored medical plan for the taxable year 2020. You do not need to provide proof of alternative medical coverage. See information at http://www.oregon.gov/oha/pebb/benefits/opt-out.pdf The following coverages are not eligible to Opt-Out against Oregon Health Plan/Medicaid, Student Health, OPT-OUT and individual market coverage. I understand my employer will not pay the monthly Opt-Out payment to me if my employer knows or has reason to know that I or any other member of my expected tax family does not have or will not have the alternative coverage. I understand that I must renew this attestation each plan year and applicable tax year for which I want the Opt-Out to apply. By checking the Opt-Out box, and signing the form I verify the above statements are true. Select this option if you wish to decline all PEBB benefits. If you decline core benefits (medical/dental/vision/ Decline employee basic life), you're choosing to not participate in any of the PEBB programs. You will not received cash in lieu of the medical coverage and you are not eligible to enroll in any PEBB plans. **B: Medical** If enrolled in a Moda medical plan, each covered individual must choose a PCP 360 for that individual to receive the "in-network" benefit. If an individual has not chosen a PCP 360 with Moda, they will receive the "out-of-network" level benefits. A list of PCP 360 providers can be found at: https://www.modahealth.com/ProviderSearch/faces/webpages/home.xhtml **Medical plan selection:** Full-time Part-time Kaiser Deductible (Kaiser vision included with full time plan) Kaiser Traditional (HMO) (Kaiser vision included with full time plan) Moda Synergy Providence (PEBB) Statewide **Providence Choice** Full-time employees may only enroll in full-time plans. Part-time employees can enroll in either full-time or part-time plans. If a part-time employee enrolls in full-time plan the part-time employee will not receive the part-time subsidy. C: Dental plan selection: Full-time Part-time Kaiser Permanente Dental **Delta Dental Premier Delta Dental PPO** N/A Willamette Dental Group N/A I decline dental enrollment

Delta Dental late enrollment penalty	
I understand if I decline dental coverage when initially eligible or allow cove Enrollment period with Delta Dental, any enrolled dependents and I will be subwait for Orthodontic services. Only diagnostic and preventive care (<i>cleanings</i> ,	oject to a 12-month waiting period for dental, and a 24 month
Employee signature	Date
D: Vision plan selection:	
☐ VSP Basic Plan	
☐ VSP Plus — Includes the Basic Plan and PLUS additional benefits	
☐ I decline VSP enrollment	
Section 5: Tobacco usage	
If you enroll in a Medical plan and do not complete this Section a tobacc spouse/partner enrolled in medical) will be deducted each month from y Check one box:	
☐ I currently use tobacco, but my spouse/domestic partner current	ly does not use tobacco. (\$25)
☐ I currently do not use tobacco, but my spouse/domestic partner	• • • • • • • • • • • • • • • • • • • •
☐ Both my spouse/domestic partner and I currently use tobacco. (\$	\$50)
☐ Both my spouse/domestic partner and I currently do not use tob	acco. (\$0)
☐ I currently use tobacco, and do not have a spouse/domestic part	ner covered in PEBB. (\$25)
☐ I currently do not use tobacco, and do not have a spouse/domes	tic partner covered by PEBB. (\$0)
I do not enroll in PEBB medical plans.	
☐ My or ☐ My spouse's or domestic partners' provider advised no	t to quit using tobacco (Medical Waiver). (\$0)
Section 6: Other employer group coverage	
When your spouse or Domestic Partner is enrolled in your PEBB medical coverage (not a PEBB medical plan) from their employer's sponsored groffrom your monthly pay.	
Check one box:	
My spouse/domestic partner has PEBB coverage as an eligible em	ployee (Includes a spouse who enrolls in Opt-Out). (\$0)
My spouse/domestic partner has other employer group coverage,	not PEBB coverage) and enrolls for that coverage. (\$0)
☐ My spouse/domestic partner has other employer group coverage a coverage, and is enrolled in PEBB coverage. (\$50)	vailable, (not PEBB coverage) but does not enroll in that
My spouse/domestic partner does not have other employer group	coverage available. (\$0)
I do not cover a spouse or domestic partner in a PEBB medical pla	n. (\$0)

Section 7: Optional plans

A: Optional life insurance

As a newly eligible employee for your first time enrollment, the Optional Employee Life has a guaranteed issue enrollment amount of up to \$100,000 and Optional Spouse/Domestic Partner Life has a guaranteed issue enrollment amount of up to \$20,000 without needing to submit a medical history to The Standard underwriting for approval.

You can find a link to the Medical History Statement on the PEBB website at:

http://www.oregon.gov/oha/PEBB/Pages/Forms.aspx

_	· · · · · · · · · · · · · · · · · · ·	n any coverage amount that is over guaranteed issue.
Employee optional life insurance		
Cancel coverage		
Add or Reduce		
New hire/Newly eligible enrollment	\$	(\$20,000 increments up to \$100,000)
Additional requested amount above	ф.	(\$20,000 ingraments up to \$500,000)
guaranteed issue**		(\$20,000 increments up to \$500,000)
Total requested amount	\$	_ (\$600,000 maximum)
Required: Tobacco use status, check one		
☐ I have used tobacco products in the ☐ I have not used tobacco products in	•	
B: Spouse/Domestic Partner optional	life insurance	
☐ Cancel coverage		
Add or Reduce		
New hire/Newly eligible enrollment	\$	(\$20,000)
Additional requested amount above		_
guaranteed issue**	\$	(\$20,000 increments up to \$380,000)
Total requested amount	\$	_ (\$400,000 maximum)
Required: Tobacco use status, check one		
		months. (Tobacco premium rates apply) s 12 months. (Non-Tobacco premium rates apply.)
C: Dependent life insurance Provides \$5,000 of coverage for each of you See rates at http://www.pebbinfo.com	ır PEBB eligible dependent(s) (including	spouse or domestic partner).
☐ Cancel coverage		
Enroll in coverage		

D. Accidental death & dismemberment (AD&D) insurance	
☐ Employee only	Cancel coverage
Total requested amount \$ Medical history is not required.	(\$50,000 increments up to \$500,000 maximum)
Or .	
☐ Employee and dependent optional AD&D	Cancel coverage
Total requested amount \$ Medical history is not required.	(\$50,000 increments up to \$500,000 maximum)
E. Disability insurance	
Monthly premium is calculated on a percentage of your basic monthly salary. employee has a qualified disability claim.	Benefits may replace a portion of salary when the
Short term disability	
Short term disability plans pay weekly benefits with coverage dates depending	g upon plan enrollment.
☐ Enroll in coverage ☐ Cancel coverage	
Long term disability Long term disability plans pay monthly benefits starting after 90 or 180 day w Enroll or change coverage	vaiting period depending upon plan enrollment.
F. Long term care insurance	
To enroll for Long Term Care (LTC) insurance complete https://www.oregon.gov/OHA/PEBB/Pag For more information, please of https://www.oregon.gov/oha/pebb/Pages/Lo	ges/forms.aspx visit:

Sect	tion 8: Beneficia	ry designa	ation		
l elec	To designate	the following	beneficiari	es. (Attach additional s	heets if necessary.)
Name				Address	
City		State	ZIP	Relationship	Primary or contingent Whole %
Name				Address	
City		State	ZIP	Relationship	Primary or contingent Whole %
Name				Address	
City		State	ZIP	Relationship	Primary or contingent Whole %
Sect	tion 9: Employee	signature	and a	uthorization	
have r author	read the benefit material rize premium payments rize premium payments restand that: The benefit elections requirements, or until A person who knowin subject to penalty for enrollment, civil dama of I fail to report a characteristic intentional misrepresses member's coverage results and provide coverage for it lose the right to elect	als, and I unde to be deducted made on this a I elect to char gly makes a fat false claims in ges, imprison nge that made entation of a fat etroactively, put dyear change s no longer PE COBRA. all forms and	rstand the ed from my application application application application application acluding, because an enrolled act material arsuant to form to you applicate the edition application appl	limitations and qualifice pay. are in effect for as long subject to the provisions the nent in connection without not limited to: terminal fines. The defamily member ineligible to my enrollment. In the permanent of the payroll office within the left pour notice is late, yet.	g as I continue to meet PEBB's eligibility of PEBB's plan. an application for any benefit may be lation of enrollment, denial of future gible, PEBB may consider my omission an hat case, PEBB may terminate the family 30 days of the date when an individual you you and your qualified beneficiaries may
		e Standard Order of Survivorship. (If you have a Domestic Partner, an Affidavit must be on file for distribution.) designate the following beneficiaries. (Attach additional sheets if necessary.) Mary percentages must = 100% Total of contingent percentages must = 100% Address			
Employ	yee signature				Date

Submit this completed form to your agency/university payroll office. Please keep a copy of benefit documents for your records.



Employee Leave Sample Scenarios Maternity Leave

weeks	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17 1	18 19	9 20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35 3	6
Scenario 1: work up to delivery, na	atura	l del	ivery	, no	com	plica	tions	, has	sho	rt ter	m di	sabi	ity ir	nsura	ance	<u> </u>										-									٦
OFLA "Pregnancy Disability" _ 🦚	(-)																																		٦
FMLA																																			
OFLA "Baby Bonding"																																			
STD (only if enrolled)	Χ																																		
Scenario 2: work up to delivery, c-	secti	on d	elive	ry, n	о соі	mplio	atio	ns, h	as sh	ort t	erm	disal	oility	insu	ıran	ce																			٦
OFLA "Pregnancy Disability" (
FMLA																																			
OFLA "Baby Bonding"																																			
STD (only if enrolled)	Х																																		
Scenario 3: doctor puts employee off work 4 weeks prior to due date, natural delivery, no complications, has short term disability insurance																																			
OFLA "Pregnancy Disability"				(
FMLA																																			
OFLA "Baby Bonding"																																			
STD (only if enrolled)	Χ																																		
Scenario 4: doctor puts employee	off d	ue to	con	nplic	atior	ıs, ne	ewbo	rn is	ill af	ter 1	2 we	eks	of ba	iby k	onc	ding	, has	shor	t ter	m di	isab	ility	insι	ıran	се										
OFLA "Pregnancy Disability"																																			
FMLA																																			
OFLA "Baby Bonding"												(<u>.</u>																			Ш			
OFLA "Sick Child Leave"																																			
STD (only if enrolled)	Х																																		
FMLA	Fam	ily M	ledic	al Le	ave A	\ct: F	eder	al lav	v pro	vidin	g up	to 1	2 we	eks	of le	ave	durii	ng Pr	egna	ancy	Disa	bilit	y ar	nd Ba	by	Bor	ndin	g							
OFLA	Ore	gon F	amil	y Lea	ave A	ct: S	tate l	aw p	rovic	ling ι	ıp to	12 v	veeks	s of I	eave	e foi	r "Pre	egnar	ncy [Disab	ility	"													
OFLA	Ore	gon F	amil	y Lea	ave A	ct: S	tate l	aw p	rovic	ling ι	ıp to	12 v	veeks	s of I	eave	e foi	r "Bal	by Bo	ondir	าg"															
OFLA					ave A						•										•														
STD	Shor	rt Ter	m D	isabi	lity: (if en	rolle	d) 7 c	lay w	aitin	g pei	riod,	13 w	eek:	s ma	xim	um v	vhile	"dis	able	d" b	y pre	gna	ancy	/bir	rth									