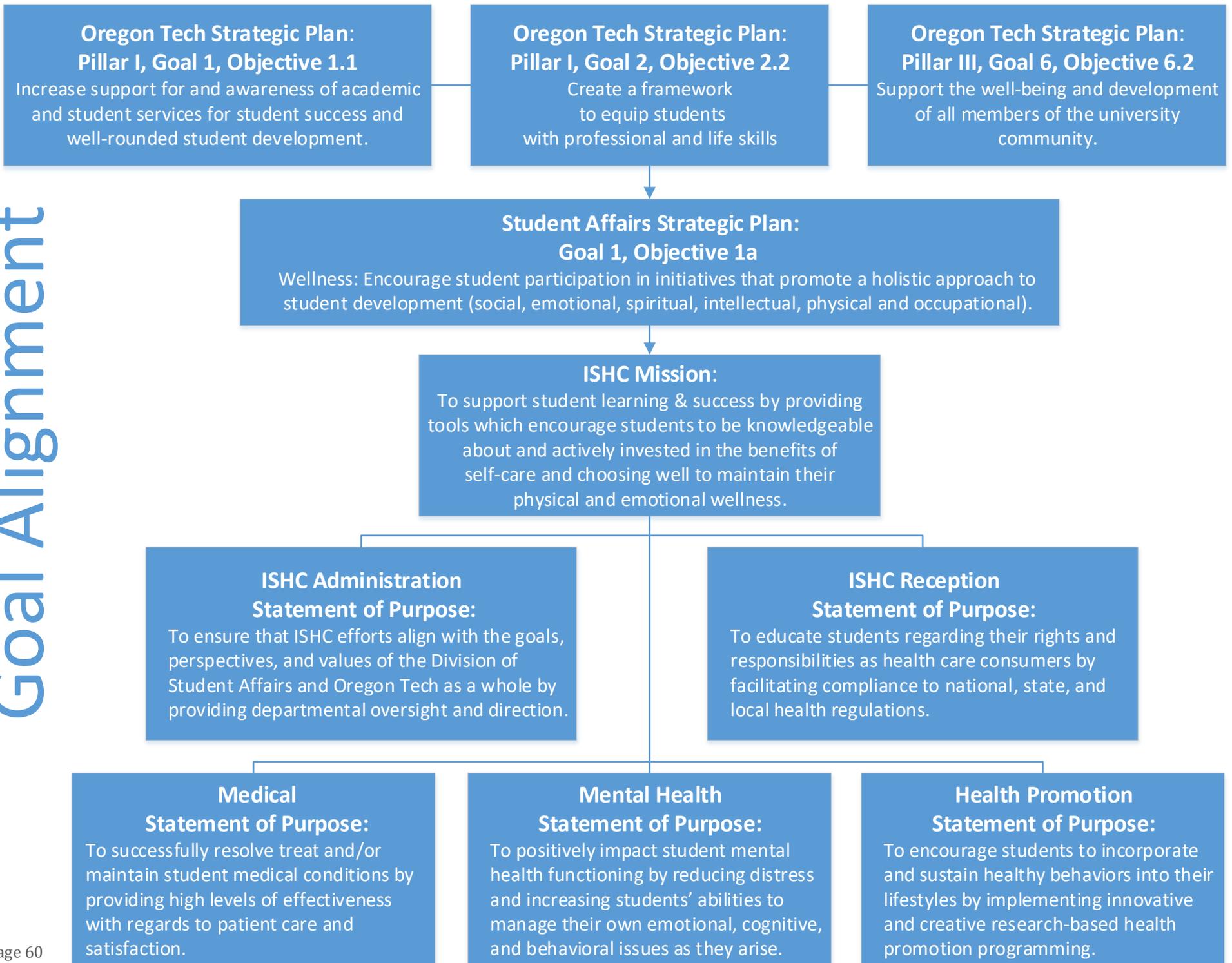


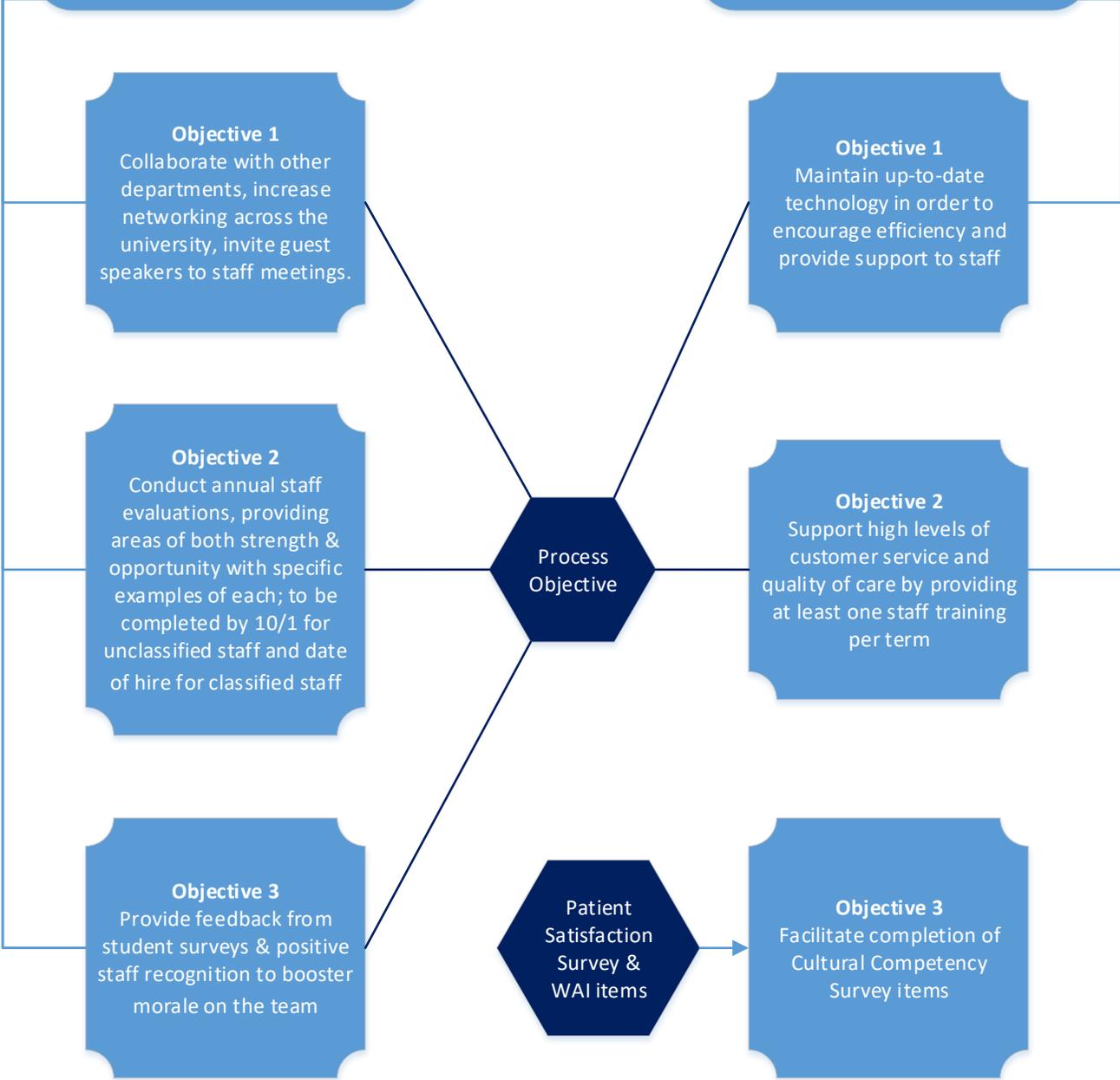
Goal Alignment



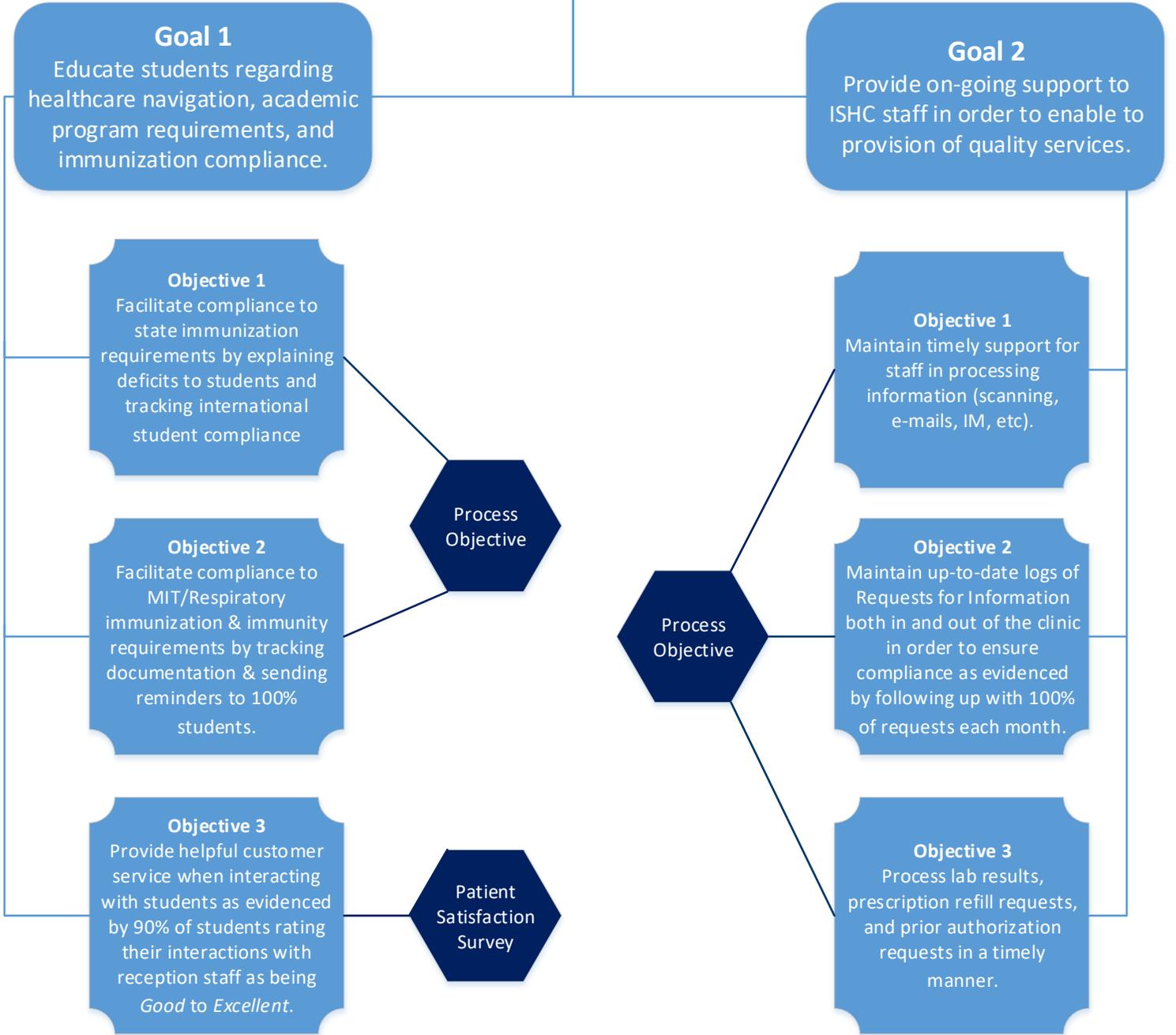
ISHC Administration
Statement of Purpose:
 To ensure that ISHC efforts align with the goals, perspectives, and values of the Division of Student Affairs and Oregon Tech as a whole by providing departmental oversight and direction.

Goal 1
 Provide personnel management which encourages a collaborative approach among the team

Goal 2
 Provide ISHC staff with the tools they need to be successful in supporting students

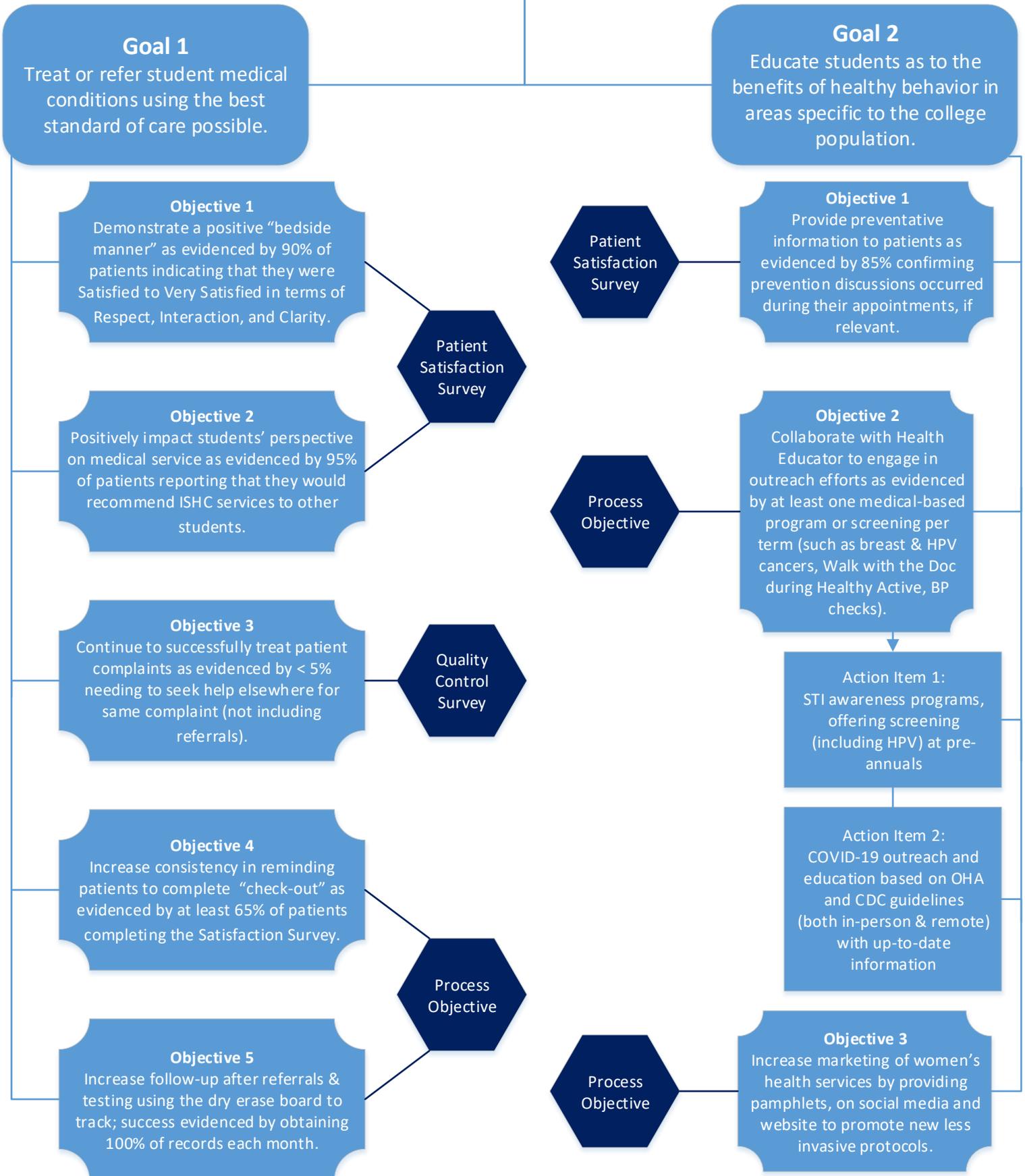


ISHC Reception
Statement of Purpose:
 To educate students regarding their rights and responsibilities as health care consumers by facilitating compliance to national, state, and local health regulations.



ISHC Medical Statement of Purpose:

To successfully resolve student medical conditions by maintaining high levels of effectiveness with regards to patient care and satisfaction.



ISHC Mental Health
Statement of Purpose:
 To positively impact student mental health functioning by reducing distress and increasing students' abilities to manage their own emotional, cognitive, and behavioral issues as they arise.

Goal 1
 Provide effective counseling to increase emotional regulation and use of healthy coping strategies among clients.

Klamath Falls

Goal 2
 Increase student awareness of their own mental health issues and knowledge of support resources on campus.

Objective 1
 Establish a therapeutic alliance with clients as evidenced by an average rating of 12 (or higher) out of 15 on the Alliance Subscale.

Objective 2
 Address relevant issues with clients as evidenced by an average rating of 12 (or higher) out of 15 on the Goal Subscale.

Objective 3
 Facilitate a significant reduction in distress from intake to termination as evidenced by:
 1) at least 85% of discharged clients confirming the reduction;
 2) reduced perceived Overall Distress between 1st and last CCAPS

Working Alliance Inventory

Discharge Survey

CCAPS

Process Objective

Objective 1
 Offer outreach for 2 hours weekly to provide "drop in counseling" to student populations (veterans, athletics, academic areas)

Objective 2
 Collaborate with Health Promotion to engage in outreach efforts as evidenced by at least one mental health screening per term; explore topics to meet student needs.

Objective 3
 Facilitate at least one mental health training or presentation each term (i.e. suicide prevention, anxiety/depression) based upon student need and niche populations (i.e. TOP, veterans, athletes, etc.)

Objective 4
 Continue to assess student needs in order to connect students to resources both on-campus and in the community.

ISHC Health Promotion

Statement of Purpose:

To encourage students to incorporate and sustain healthy behaviors into their lifestyles by implementing innovative and creative research-based health promotion programming.

Goal 1

Encourage students to implement healthy behaviors into their lifestyles by implementing the Choose Well program in-person & remotely

Goal 2

Collaborate to provide programming and education about sustaining a wellness lifestyle

Objective 1

Implement at least one Choose Well event per month

Choose Well Event Surveys

Process Objective

Objective 1

Explore options for collaboration with SIB, Fraternity, veteran, and non-traditional student groups

Objective 2

Follow-up with students see about implementing their Choose Well behavior by increasing completed follow-up surveys.

Process Objective

Process Objective

Objective 2

Collaborate with Mental Health staff to support mental health screenings (offering at least one per term)

Objective 3

Impact student behavior as evidenced by at least 85% of students who complete follow-up surveys reporting having implemented their Choose Well behavior.

Choose Well Follow-up Surveys

Process Objective

Objective 3

Collaborate with Medical Health staff to support medical outreach (offering at least one collaborative program per term)

Objective 4

Explore options for health education groups (such as weight loss, tobacco cessation and so on).

Process Objective



